

FOOD ITEMS

Dry Goods

Coffee (K-Cups for VA House, Ground for FL House)

Tea (Herbal & Black)

Sugar

Stevia (for Diabetic Residents)

Bread (Sliced - wheat or white)

Refrigerated/Freezer

Milk

Creamer

Eggs

Butter

Fresh fruit

Hummus

Low-fat yogurt

Fruit juice or Low Sugar Drinks

Bagged salad or spinach

Lunch meats

Hot Dogs

Tortillas

Fresh veggies

Low-fat cheese

Chicken Breast, Thighs, or Drum

Ground beef

Fish, shrimp, or crab legs (a luxury & wish but often a special occasion favorite!)

Frozen veggies

Ground turkey

Veggie burgers

Frozen fruit

Frozen Snacks (Sugar Free Fruit Bars, Ice Cream)

Snacks (Crackers, Cereal Bars, Canned Fruit, Popcorn, etc.)

Meal Boxes (Hamburger Helper/Chicken/Tuna Helpers)

Canned Goods (Soup, Tomatoes, Tomato Sauce, Tuna, Chicken)

Rice

Pasta

Boxed Cereal

Oatmeal/Cream of Wheat

Pancake Mix

Sweet Potatoes and Potatoes

Spices (Salt, Pepper, Italian Seasoning, Meat Seasoning etc.)

Condiments